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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Breakfast** | **Selection of cereals, toast, savoury snacks, and fresh fruit**  ***Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit**  ***Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit**  ***Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit**  ***Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit**  ***Gluten, Milk, Egg*** |
| **Mid-morning snack** | **Cheese and cracker**  ***Dairy*** | **Satsuma** | **Apple** | **Homemade blueberry muffins**  ***Gluten, Milk, Egg*** | **Banana** |
| **Lunch** | **Lamb Kofta with noodles and sweetcorn**  ***Gluten, Egg***  **Fruity flapjack** | **Beef lasagne with garlic bread and broccoli**  ***Gluten, Milk***  **Melon boats** | **Roast chicken with all the traditional trimmings**  ***Gluten, Milk, Egg***  **Fruit Jelly** | **Fish pie with carrots**  ***Fish, Milk***  **Fruit yoghurt**  ***Milk*** | **Sausages with couscous and mixed vegetables**  ***Gluten, Egg***  **Strawberry cheesecake**  ***Gluten, Milk*** |
| **Mid afternoon snack** | **Pineapple** | **Pear** | **Raspberries and yoghurt**  ***Milk*** | **Grapes** | **Carrots & hummus** |
| **Tea** | **Chicken goujons with couscous and baked beans**  ***Gluten*** | **Sausage rolls with wedges and veg sticks**  ***Gluten*** | **Pita bread with cold meats, cucumber and**  **Cheese**  ***Gluten, Milk*** | **Hot dogs with tomatoes**  ***Gluten, Milk*** | **Crumpets with ham and cheese**  **Pepper sticks**  ***Gluten, Milk*** |
| **Drinks**  **Children have access to water throughout the whole day, milk or alternative milk is offered for snack times too.** | | | | | |

**Allergies** – all allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – all meat is sourced locally from burtons butchers.

All puddings will be made with reduced sugar or are sugar free. Fruit can always be offered as a pudding alternative.