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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday**  | **Friday**  |
| **Breakfast** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** |
| **Mid-morning snack** | **Cheese and cracker*****Dairy*** | **Satsuma** | **Apple** | **Homemade blueberry muffins*****Gluten, Milk, Egg*** | **Banana** |
| **Lunch** | **Lamb Kofta with noodles and sweetcorn*****Gluten, Egg*****Fruity flapjack** | **Beef lasagne with garlic bread and broccoli*****Gluten, Milk*****Melon boats** | **Roast chicken with all the traditional trimmings*****Gluten, Milk, Egg*****Fruit Jelly** | **Fish pie with carrots*****Fish, Milk*****Fruit yoghurt*****Milk*** | **Sausages with couscous and mixed vegetables*****Gluten, Egg*****Strawberry cheesecake*****Gluten, Milk*** |
| **Mid afternoon snack** | **Pineapple** | **Pear** | **Raspberries and yoghurt*****Milk*** | **Grapes** | **Carrots & hummus** |
| **Tea** | **Chicken goujons with couscous and baked beans*****Gluten*** | **Sausage rolls with wedges and veg sticks*****Gluten*** | **Pita bread with cold meats, cucumber and** **Cheese*****Gluten, Milk*** | **Hot dogs with tomatoes** ***Gluten, Milk*** | **Crumpets with ham and cheese** **Pepper sticks*****Gluten, Milk*** |
| **Drinks****Children have access to water throughout the whole day, milk or alternative milk is offered for snack times too.** |

**Allergies** – all allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – all meat is sourced locally from burtons butchers.

All puddings will be made with reduced sugar or are sugar free. Fruit can always be offered as a pudding alternative.