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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday**  | **Friday**  |
| **Breakfast** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** | **Selection of cereals, toast, savoury snacks, and fresh fruit*****Gluten, Milk, Egg*** |
| **Mid-morning snack** | **Toast fingers*****Gluten***  | **Raspberries** | **Homemade scones*****Gluten*** | **Strawberries**  | **Pear** |
| **Lunch** | **Fish fingers with chips and baked beans*****Gluten, Fish*****Apple and blackberry slice*****Gluten, Egg*** | **Mac and cheese with garlic bread and sweetcorn*****Gluten, Milk*****Blueberry tray bake*****Gluten, Egg*** | **Katsu chicken curry with rice, peas, and naan bread*****Gluten*****Fruity jelly** | **Toad in the hole with mixed veg & roast potatoes*****Gluten, Milk, Egg*****Apple and pear crumble*****Gluten*** | **Spaghetti Bolognese with carrots*****Gluten*****Butterscotch mousse*****Milk*** |
| **Mid afternoon snack** | **Banana** | **Yoghurt and honey*****Milk*** | **Satsuma** | **Grapes** | **Chocolate and Banana loaf*****Gluten, Milk, Egg*** |
| **Tea** | **Potato wedges with beans and cocktail sausages*****Gluten*** | **Jacket potato with various fillings*****Fish, Milk, Egg*** | **Wraps with various fillings and tomatoes*****Gluten, Milk, Egg*** | **Couscous with chicken and sweetcorn****Pepper sticks*****Gluten*** | **Crusty bread with cold meats and vegetable sticks*****Gluten, Milk, Egg*** |
| **Drinks****Children have access to water throughout the whole day, milk or alternative milk is offered for snack times too.** |

**Allergies** – all allergies & dietary requirements are catered for. Dairy, wheat & gluten alternatives will be incorporated within this menu.

**Meat** – all meat is sourced locally from burtons butchers.

**Tiny ones/weaning** – we can puree our meals for the youngest and also adapt for the young ones by making vegetable purees etc.

All puddings will be made with reduced sugar or are sugar free. Fruit can always be offered as a pudding alternative.